Basic Information
Fire, erosion, and off-trail hiking can damage fragile natural features beyond repair. Be safe, and help us preserve the beauty of Torrey Pines.

**Stay on officially designated trails.** Cutting across switchbacks and between trails, going into closed areas, and climbing cliffs causes severe environmental damage, is illegal, and can be dangerous.

**No smoking or fires.**

**No food** is allowed in the Reserve. Water is permitted.

**No pets.** Dogs and horses are prohibited from the Reserve to protect native species.

**No bicycles or vehicles** on trails except baby strollers or wheelchairs.

**No collecting or picking.** Pinecones and flowers must be left to produce seed to grow new plants and as food for animals. Leave plants, animals, insects, and rocks for the next visitor to enjoy. All natural and historic features are protected by law.

**Keep small children with an adult at all times.** The cliffs and canyons can be dangerous places for children.

The Reserve closes at sunset.

The Museum located in the Main reserve off North Torrey Pines Road offers exhibits on the natural and cultural history of the Reserve, and nature walks at 10am and 2pm on weekends and holidays.

**All groups** must make arrangements at least two weeks before visiting the Reserve. For details see [www.torreypine.org](http://www.torreypine.org). Main Reserve phone: (858) 755-2063

2009
Torrey Pines State Natural Reserve Extension Trails

Red Ridge Trail
Torrey Pines State Natural Reserve Extension Trails
Reserve Entrance and trail head
Street parking only
Hours: 7am to Sunset
No dogs, no bicycles, no food, no smoking.